

CHS Clinics

Wake Forest University

Principal Investigator: Dr. Gregory Burke

Clinic Coordinator: Cathy Nunn

Address: CHS Field Center
Dept of Public Health Sciences
WFU School of Medicine
Medical Center Blvd
Winston-Salem, NC 27157

Telephone: (336) 716-6519

The University of California, Davis

Principal Investigator: Dr. John Robbins

Clinic Coordinator: Beverly Sinclair

Clinic Coordinator: Sharene Theroux

Address: CHS Field Center
University of California, Davis
2000 Stockton Blvd, Ste 200
Sacramento, CA 95817

Telephone: (916) 734-5562

The Johns Hopkins University

Principal Investigator: Dr. Linda Fried

Clinic Coordinator: Pat Crowley

Clinic Coordinator: Joel Hill

Address: CHS Field Center
The Johns Hopkins University
5 Public Square
Hagerstown, MD 21740

Telephone: (301) 733-8860

The University of Pittsburgh

Principal Investigator: Dr. Lewis Kuller

Clinic Coordinator: Bobbie Moyer

Address: CHS Field Center
University of Pittsburgh
139 N Bellefield Ave, 4th Flr
Pittsburgh, PA 15213

Telephone: (412) 624-3579

For more information

If you have any questions about the study or your role as a CHS proxy, please telephone the clinic nearest you or mail in the coupon below. Addresses and phone numbers are listed at left.

- Please send me more information about CHS.
- Please telephone me to answer my questions about CHS.
- Other: _____

My name: _____

My telephone number: _____

My address: _____

The CHS participant for whom I am a proxy: _____

Cut out this coupon on the dotted line and mail it to the nearest CHS Field Center.



Your role as a CHS Proxy



Introduction

A relative or close friend of yours has been participating in the Cardiovascular Health Study (CHS) for over five years. He or she chose you as a medical proxy because you are a good source of information on his or her health status.

What does a CHS proxy do?

As a medical proxy, your role is to provide information and answer questions for the CHS participant in case he or she is unable to do so. You may receive a telephone call at some time asking for information or updates on the health of the CHS participant.

Please remember that he or she has given us permission to collect this information, and has named you as a proxy. You will not be asked to make any medical decisions for the participant.

If you move or become unable to help, please let us know by calling your local CHS clinic.

What is CHS?

CHS is a medical research program that studies the health of people aged 65 years and older. Nearly 5900 men and women in four U.S. communities



participate in the study.

The National Heart, Lung and Blood Institute, a division of the National Institutes of Health (NIH), funds CHS.

What are the benefits of CHS research?

CHS identifies different risk factors related to the onset of cardiovascular disease and stroke in older adults, the fastest growing segment of the U.S. population.

Much has already been learned about the functioning of the heart, blood vessels and brain as individuals age. The knowledge gained from CHS helps doctors better maintain the health of their older patients.

How are CHS participants studied?

CHS investigators compare the health of participants from year to year in order to understand how risk factors change over time, how diseases progress, and what factors contribute to healthy aging. CHS findings will help future generations live both longer and healthier lives.

At yearly clinic examinations, participants complete a health interview and receive a number of free medical tests, such as blood pressure checks, images of the heart, brain and arteries, and memory tests.

CHS examinations are for research purposes only and do not replace examinations or care that participants receive from their regular physicians.

There is no cost to participants and transportation to clinic visits is provided, if needed. In between clinic visits, CHS staff contact participants for information on their health and any hospitalizations.

We appreciate your help

Your CHS participant is relying on you as a proxy. You are helping to honor a commitment to CHS that he or she made years ago. Thank you for your support.