

## CES-D

I am going to read you a list of ways you might have felt or behaved during the last week. After I read an item, please look at this card and tell me how often you have felt this way during the last week.

Card **10.CESD**

- 1** During the past week, I was bothered by things that usually don't bother me. How often did you feel this way?

Read Responses

- <sub>0</sub> Rarely or none of the time (less than 1 day) **bother**
- <sub>1</sub> Some or a little of the time (1 to 2 days)
- <sub>2</sub> A moderate amount of time (3 to 4 days)
- <sub>3</sub> Most of the time
- <sub>9</sub> Refused or Don't Know

- 2** I had trouble keeping my mind on what I was doing:

- <sub>0</sub> Rarely or none of the time (less than 1 day) **troubl**
- <sub>1</sub> Some or a little of the time (1 to 2 days)
- <sub>2</sub> A moderate amount of time (3 to 4 days)
- <sub>3</sub> Most of the time
- <sub>9</sub> Refused or Don't Know

- 3** I felt that everything I did was an effort:

- <sub>0</sub> Rarely or none of the time (less than 1 day) **effort**
- <sub>1</sub> Some or a little of the time (1 to 2 days)
- <sub>2</sub> A moderate amount of time (3 to 4 days)
- <sub>3</sub> Most of the time
- <sub>9</sub> Refused or Don't Know

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**4** I felt depressed:

- <sub>0</sub> Rarely or none of the time (less than 1 day) **depres**
- <sub>1</sub> Some or a little of the time (1 to 2 days)
- <sub>2</sub> A moderate amount of time (3 to 4 days)
- <sub>3</sub> Most of the time
- <sub>9</sub> Refused or Don't Know
- 

**5** I felt hopeful about the future:

- <sub>3</sub> Rarely or none of the time (less than 1 day) **future**
- <sub>2</sub> Some or a little of the time (1 to 2 days)
- <sub>1</sub> A moderate amount of time (3 to 4 days)
- <sub>0</sub> Most of the time
- <sub>9</sub> Refused or Don't Know
- 

**6** I felt fearful:

- <sub>0</sub> Rarely or none of the time (less than 1 day) **fear**
- <sub>1</sub> Some or a little of the time (1 to 2 days)
- <sub>2</sub> A moderate amount of time (3 to 4 days)
- <sub>3</sub> Most of the time
- <sub>9</sub> Refused or Don't Know
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**7** My sleep was restless:

- <sub>0</sub> Rarely or none of the time (less than 1 day) **sleep**
- <sub>1</sub> Some or a little of the time (1 to 2 days)
- <sub>2</sub> A moderate amount of time (3 to 4 days)
- <sub>3</sub> Most of the time
- <sub>9</sub> Refused or Don't Know

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**8** I was happy:

- <sub>3</sub> Rarely or none of the time (less than 1 day) **happy**
  - <sub>2</sub> Some or a little of the time (1 to 2 days)
  - <sub>1</sub> A moderate amount of time (3 to 4 days)
  - <sub>0</sub> Most of the time
  - <sub>9</sub> Refused or Don't Know
- 

**9** I felt lonely:

- <sub>0</sub> Rarely or none of the time (less than 1 day) **lonly**
  - <sub>1</sub> Some or a little of the time (1 to 2 days)
  - <sub>2</sub> A moderate amount of time (3 to 4 days)
  - <sub>3</sub> Most of the time
  - <sub>9</sub> Refused or Don't Know
- 

**10** I could not get going:

- <sub>0</sub> Rarely or none of the time (less than 1 day) **getgo**
- <sub>1</sub> Some or a little of the time (1 to 2 days)
- <sub>2</sub> A moderate amount of time (3 to 4 days)
- <sub>3</sub> Most of the time
- <sub>9</sub> Refused or Don't Know