

INFORMANT QUESTIONNAIRE ON COGNITIVE DECLINE

INSTRUCTIONS: We want you to remember what your friend or relative was like 6 months ago when he/she entered the Cardiovascular Health Study. We'd like you to compare him/her to what he/she is like now. Below are situations in which this person has to use his/her memory or intelligence. We want you to tell us whether this has improved, stayed the same, or become worse in the following situations during the past 6 months. It is important to compare his/her present performance with 6 months ago. So, if 6 months ago this person always forgot where he/she left things, and he/she still does, you would mark, "not much change." Please check the appropriate answer for each item to the best of your knowledge.

Compared with 6 months ago, how is this person at:

1 Recognizing the faces of friends.

- ₁ Much Improved **faces**
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

2 Remembering the names of family and friends.

- ₁ Much Improved **names**
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

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3 Remembering things about family and friends, such as their occupations, birthdays and addresses.

- ₁ Much Improved *famthg*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know
-

4 Remembering things that happened recently.

- ₁ Much Improved *recent*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know
-

5 Recalling conversations a few days later.

- ₁ Much Improved *conver*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

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6 Forgetting what he/she wanted to say in the middle of a conversation.

- ₁ Much Improved *midcon*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know
-

7 Remembering his/her address and phone number.

- ₁ Much Improved *adrphn*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know
-

8 Remembering the month and day.

- ₁ Much Improved *daymon*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

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9 Remembering where things are usually kept.

- ₁ Much Improved **where**
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

10 Remembering where to find things that have been put in a different place than usual.

- ₁ Much Improved **find**
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

11 Adjusting to any change in his/her daily routine.

- ₁ Much Improved **change**
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

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12 Knowing how to work familiar machines around the house.

- ₁ Much Improved *fammac*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

13 Learning to use a new gadget or machine around the house.

- ₁ Much Improved *newmac*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

14 Learning new things in general.

- ₁ Much Improved *newthg*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

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15 Remembering things that happened to him/her when he/she was young.

- ₁ Much Improved *happen*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know
-

16 Remembering things he/she learned when he/she was young.

- ₁ Much Improved *learned*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know
-

17 Understanding the meaning of unusual words.

- ₁ Much Improved *words*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

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18 Understanding magazine or newspaper articles.

- ₁ Much Improved *articl*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know
-

19 Following a story in a book or on TV.

- ₁ Much Improved *story*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know
-

20 Composing a letter to friends or for business purposes.

- ₁ Much Improved *letter*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

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21 Knowing about important events of the past.

- ₁ Much Improved *history*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know
-

22 Making decisions about everyday matters.

- ₁ Much Improved *decisn*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know
-

23 Handling money for shopping.

- ₁ Much Improved *money*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

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24 Handling financial matters such as pensions, dealing with banks.

- ₁ Much Improved *financ*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

25 Handling everyday arithmetic problems (knowing how much food to buy, how long between visits from family or friends).

- ₁ Much Improved *arith*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

26 Using his/her intelligence to understand what's going on and to reason things through.

- ₁ Much Improved *intell*
- ₂ A Bit Improved
- ₃ Not Much Change
- ₄ A Bit Worse
- ₅ Much Worse
- ₉ Don't Know

INFORMANT QUESTIONNAIRE

27 Interviewer: Were there any special problems associated with this interview?

₁ Yes ₀ No ***specprob***
↓

- ₁ Hearing Problems ***problem***
- ₂ Language (difficulty speaking or understanding English)
- ₃ Cognition of proxy
- ₄ Other (Specify: _____ ***othprob*** _____)