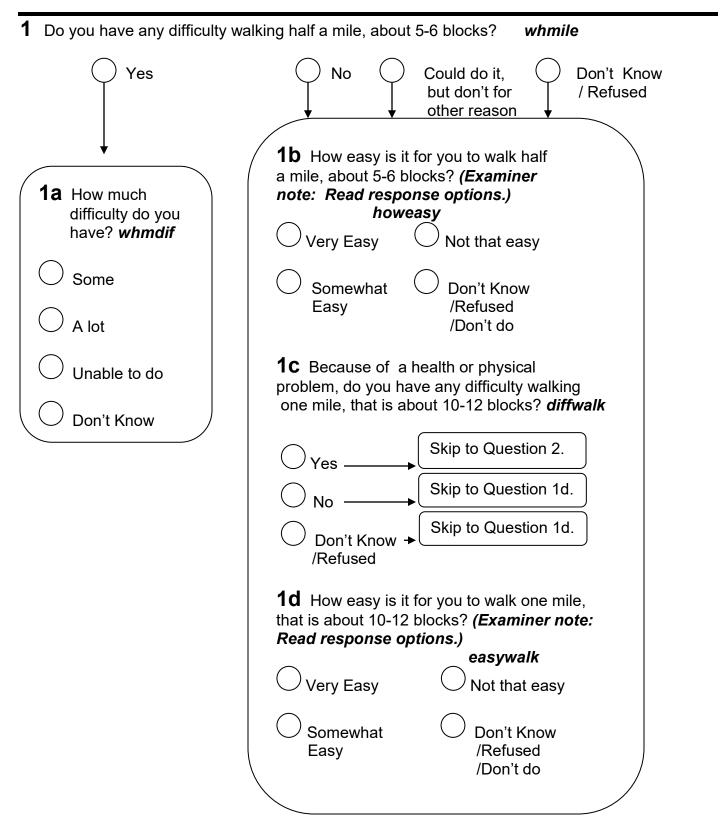
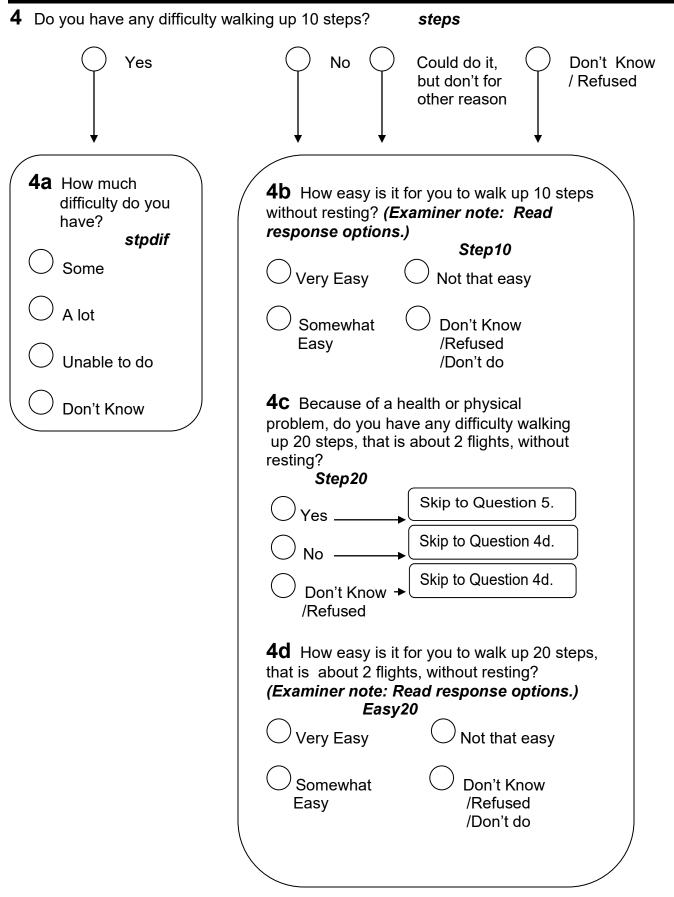
Script: "I am now going to ask you questions about your ability to take care of yourself and to function independently. The reason we are asking you these questions is that we are trying to better understand the consequences of heart disease and other conditions to the older individual. We also hope to better understand to what extent people like you require help in their self care activities."



2 Do you have any difficulty walking around your home? <i>whome</i>								
Yes No Could do it, but don't for other reason Don't Know/Refused								
If NO, COULD DO IT, BUT DON'T FOR OTHER REASON or DON'T KNOW/REFUSED. Skip to Question 3.								
2a How much difficulty do you have? <i>whodif</i>								
Some A lot Unable to do Don't Know/Refused								
3 Do you have any difficulty getting out of bed or a chair? bed								
 3 Do you have any difficulty getting out of bed or a chair? bed Yes ↓ No ↓ Could do it, but don't for other reason ↓ Don't Know/Refused 								
Yes No Could do it, but don't for other reason Don't Know/Refused								



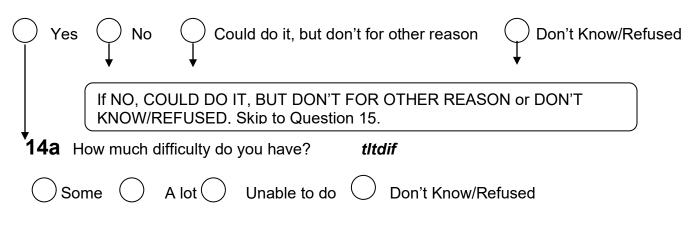
5 Because of health or physical problems, do you have any difficulty or are you unable to do heavy housework, like scrubbing floors or washing windows; or yard work, like raking leaves or mowing? *hhwork*

$ \bigcirc Yes \ \bigcirc No \ \bigcirc Could \ do \ it, \ but \ don't \ for \ other \ reason \ \bigcirc Don't \ Know/Refused $								
If NO, COULD DO IT, BUT DON'T FOR OTHER REASON or DON'T KNOW/REFUSED. Skip to Question 6.								
5a How much difficulty do you have? <i>hhwdif</i>								
Some A lot Unable to do Don't Know/Refused								
6 Because of health or physical problems, do you have any difficulty or are you unable to do light housework? <i>Ihwork</i>								
Yes No Could do it, but don't for other reason Don't Know/Refused								
If NO, COULD DO IT, BUT DON'T FOR OTHER REASON or DON'T KNOW/REFUSED. Skip to Question 7.								
♦ 6a How much difficulty do you have? Ihwdif								
◯ Some ◯ A lot ◯ Unable to do ◯ Don't Know/Refused								
7 Because of health or physical problems, do you have any difficulty or are you unable to shop for personal items? <i>shop</i>								
Yes Ves Vould do it, but don't for other reason On the transformed to								
If NO, COULD DO IT, BUT DON'T FOR OTHER REASON or DON'T KNOW/REFUSED. Skip to Question 8.								
√ 7a How much difficulty do you have? <i>shpdif</i>								
Some A lot Unable to do Don't Know/Refused								

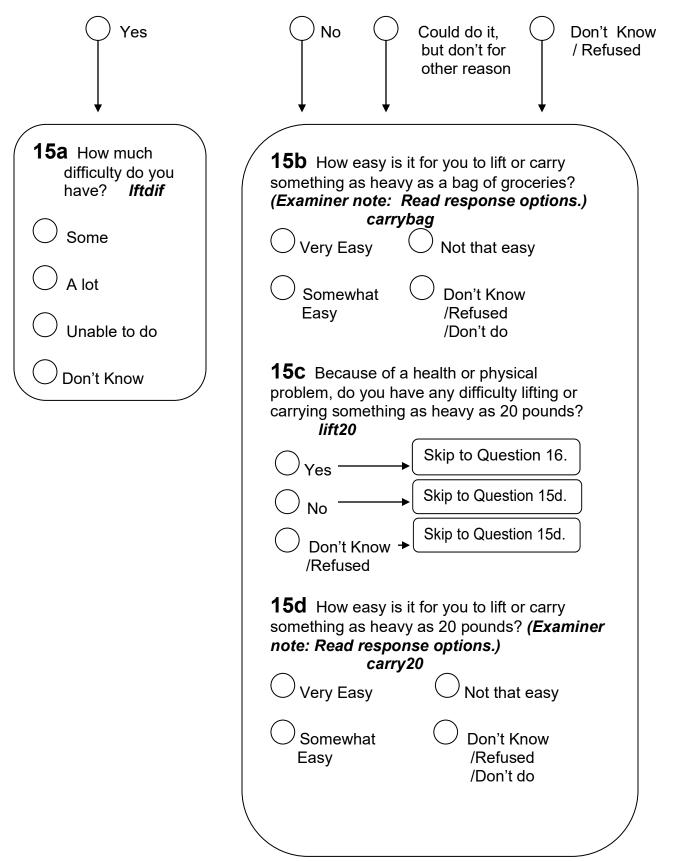
8	Because of health or physical problems, do you have any difficulty or are you unable to prepare your own meals? prepar									
Yes Ves Could do it, but don't for other reason Don't Know/Refuse										
	If NO, COULD DO IT, BUT DON'T FOR OTHER REASON or DON'T KNOW/REFUSED. Skip to Question 9.									
	8a How much difficulty do you have? prpdif Some A lot Unable to do Don't Know/Refused									
9	Because of health or physical problems, do you have any difficulty or are you unable to manage your money, such as paying bills? pay									
(Yes No Could do it, but don't for other reason Don't Know/Refused If NO, COULD DO IT, BUT DON'T FOR OTHER REASON or DON'T									
	KNOW/REFUSED. Skip to Question 10. 9a How much difficulty do you have? paydif Some A lot Unable to do Don't Know/Refused									
10	Because of health or physical problems, do you have any difficulty or are you unable to use the telephone? phone									
(Yes \bigcirc No \bigcirc Could do it, but don't for other reason \bigcirc Don't Know/Refused									
	If NO, COULD DO IT, BUT DON'T FOR OTHER REASON or DON'T KNOW/REFUSED. Skip to Question 11.									
	↓ 10a How much difficulty do you have? <i>phndif</i>									
	◯ Some ◯ A lot ◯ Unable to do ◯ Don't Know/Refused									

11 Because of health or physical problems, do you have any difficulty or are you unable to eat including feeding yourself? <i>eat</i>								
Yes No Could do it, but don't for other reason Don't Know/Refused								
If NO, COULD DO IT, BUT DON'T FOR OTHER REASON or DON'T KNOW/REFUSED. Skip to Question 12.								
11a How much difficulty do you have? <i>eatdif</i>								
Some A lot Unable to do Don't Know/Refused								
12 Because of health or physical problems, do you have any difficulty or are you unable to dress yourself? <i>dress</i>								
$\bigcirc Yes \bigcirc No \qquad \bigcirc Could \text{ do it, but don't for other reason} \qquad \bigcirc Don't \text{ Know/Refused}$								
If NO, COULD DO IT, BUT DON'T FOR OTHER REASON or DON'T KNOW/REFUSED, Skip to Question 13.								
↓ 12a How much difficulty do you have? <i>drsdif</i>								
Some A lot Unable to do Don't Know/Refused								
13 Because of health or physical problems, do you have any difficulty or are you unable to bathe or shower? bathe								
$ \begin{array}{c c} Yes & & \\ & \downarrow \end{array} No & & \\ & \downarrow \end{array} Could do it, but don't for other reason & & \\ & \downarrow \end{array} Don't Know/Refused $								
If NO, COULD DO IT, BUT DON'T FOR OTHER REASON or DON'T KNOW/REFUSED. Skip to Question 14.								
13a How much difficulty do you have? bthdif								
Some A lot Unable to do ODon't Know/Refused								

14 Because of health or physical problems, do you have any difficulty or are you unable to use the toilet, including getting to the toilet? *toilet*



15 Do you have any difficulty lifting or carrying something as heavy as 10 pounds, such as a bag of groceries? *lifting*



PHYSICAL ACTIVITY

16 Do you have any difficulty reaching out? <i>reach</i>								
Yes O No O Could do it, but don't for other reason O Don't Know/Refused								
If NO, COULD DO IT, BUT DON'T FOR OTHER REASON or DON'T KNOW/REFUSED. Skip to Question 17.								
↓ 16a How much difficulty do you have? <i>rchdif</i>								
Some A lot Unable to do Don't Know/Refused								
17 Do you have any difficulty gripping with your hands? <i>gripng</i>								
Yes Ves Could do it, but don't for other reason Don't Know/Refused								
If NO, COULD DO IT, BUT DON'T FOR OTHER REASON or DON'T KNOW/REFUSED. Skip to Question 18.								
17a How much difficulty do you have? grpdif								
◯ Some ◯ A lot ◯ Unable to do ◯ Don't Know/Refused								
18 Do you ever use a cane, walker, crutches, or other special equipment to help you get around? usecane								
O Never O Sometimes O Always O Don't Know/Refused								

PHYSICAL ACTIVITY

19 I am going to read a list of activities. Please tell me which activities you have done in the past two weeks.

	Yes	No	Refused /Don't Know	
Walking for exercise walk				# times walk2
Moderately strenuous household chores, for example, scrubbing, vacuuming, etc. <i>chores</i>				# times chores2
Mowing the lawn <i>mowing</i>				# times <i>mowing2</i>
Raking the lawn <i>raking</i>				# times <i>raking2</i>
Gardening <i>garden</i>				# times garden2
Hiking hiking				# times <i>hiking2</i>
Jogging jogging				# times <i>jogging2</i>
Biking biking				# times biking2
Exercise cycling cycling				# times cycling2
Dancing <i>dancing</i>				# times <i>dancing2</i>
Aerobics/Aerobic dance aerobics				# times aerobic2
Bowling bowling				# times bowling2
Golf golf				# times golf2
Singles tennis stennis				# times stennis2
Doubles tennis dtennis				# times <i>dtennis2</i>
Racquetball <i>recquet</i>				# times <i>racquet2</i>
Calisthenics/General exercise				# times exercis2
exercise				
Swimming <i>swimming</i>				# times <i>swim2</i>
Other (Specify): other, othertxt				# times othertm
Other (Specify): other2, oth2txt				# times other2tm

20 Think about the walking you do outside your home. During the last week, about how many city blocks, or their equivalent did you walk (Let 12 city blocks = 1 mile).

		# of blocks	OR					miles
blocks					mil	es		
	idno:	Participa	Participant ID					
	intda	t: Interview	[,] Date					
	intid:	Interview	Interviewer ID					
	datad	l: Participa	Participant or Proxy					
	visty	be: In-persor	n or Phone					

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